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| 2   | 3   | 4   | 5   | 6  |
| (2) Cereals or Fruit Strudel<br>or Yogurt /Gr. Crackers<br>Juice Fruit<br>Milk<br><br>Chicken Drumstick<br>Creamed Potatoes<br>Green Peas<br>Choice of Fruit<br>Biscuit<br>Milk | (2) Cereals or Breakfast Pizza<br>or Yogurt /Gr. Crackers<br>Juice Fruit<br>Milk<br><br>Steak Nuggets<br>Scalloped Potatoes<br>Green Beans<br>Choice of Fruit<br>Yeast Roll<br>Milk | (2) Cereals or Gravy & Biscuit<br>or Yogurt /Gr. Crackers<br>Juice Fruit<br>Milk<br><br>Br. Chicken Sandwich<br>Lettuce/Tomato<br>Seasoned Baked Potato<br>Fresh Veggies w/Dip<br>Choice of Fruit<br>Milk | (2) Cereals or Chicken or Sausage Biscuit<br>or Yogurt /Gr. Crackers<br>Juice Fruit<br>Milk<br><br>Nachos<br>w/Meat & Cheese<br>Lettuce/Tomato/Salsa<br>Whole Kernel Corn<br>Refried Beans<br>Choice of Fruit<br>Milk | (2) Cereals or Strawberry Banana Muffin<br>or Yogurt /Gr. Crackers<br>Juice Fruit<br>Milk<br><br>Stuffed Crust Pizza<br>Cheese or Pepperoni<br>Garden Salad<br>Sweet Potato Fries<br>Choice of Fruit<br>Milk |

NATIONAL SCHOOL LUNCH WEEK "School Lunch: Recipes for Success"

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| 9  | 10   | 11  | 12  | 13   |
| (2) Cereals or Mini Pancakes<br>or Yogurt /Gr. Crackers<br>Juice Fruit<br>Milk<br>"Breakfast for Lunch"<br>Sausage<br>Scrambled Eggs<br>Biscuit Gravy<br>Tri Taters<br>Juice<br>Choice of Fruits<br>Milk | (2) Cereals or Breakfast Pizza<br>or Yogurt /Gr. Crackers<br>Juice Fruit<br>Milk<br><br>Chicken Strips<br>Baked Potato<br>Broccoli w/Cheese<br>Choice of Fruit<br>Yeast Roll<br>Milk | (2) Cereals or Gravy & Biscuit<br>or Yogurt /Gr. Crackers<br>Juice Fruit<br>Milk<br><br>Hamburger or Cheeseburger<br>Lettuce/Tomato/Pickles<br>French Fries<br>Baked Beans<br>Choice of Fruit<br>Milk | (2) Cereals or Chicken or Sausage Biscuit<br>or Yogurt /Gr. Crackers<br>Juice Fruit<br>Milk<br><br>Ham/Cheese Sandwich<br>Baked Chips<br>Pork & Beans<br>Cherry Slushy<br>Fresh Apple<br>Cookie<br>Milk | <br><br><b>FALL BREAK BEGINS</b><br><br><b>NO SCHOOL</b> |


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| 16  | 17                  | 18 | 19 | 20  |
|  | <h1>FALL BREAK</h1> |    |    |  |

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| 23   | 24   | 25  | 26  | 27  |
| (2) Cereals or Pop Tarts<br>or Yogurt /Gr. Crackers<br>Juice Fruit<br>Milk<br><br>BBQ Sandwich<br>Baked Beans<br>Potato Smiles<br>Corn on Cob<br>Choice of Fruit<br>Milk | (2) Cereals or Breakfast Pizza<br>or Yogurt /Gr. Crackers<br>Juice Fruit<br>Milk<br><br>Popcorn Chicken<br>Scalloped Potatoes<br>Steamed Broccoli<br>Choice of Fruit<br>Yeast Roll<br>Milk | (2) Cereals or Gravy & Biscuit<br>or Yogurt /Gr. Crackers<br>Juice Fruit<br>Milk<br><br>Salisbury Steak<br>Creamed Potatoes<br>Green Peas<br>Choice of Fruit<br>Biscuit<br>Milk | (2) Cereals or Chicken or Sausage Biscuit<br>or Yogurt /Gr. Crackers<br>Juice Fruit<br>Milk<br><br>Spaghetti<br>w/Garlic Breadstick<br>Garden Salad<br>Green Beans<br>Choice of Fruit<br>Jell-O<br>Milk | (2) Cereals or Saus./Pancake Stick<br>or Yogurt /Gr. Crackers<br>Juice Fruit<br>Milk<br><br>Pizza<br>Cheese or Pepperoni<br>Garden Salad<br>Sweet Potato Fries<br>Choice of Fruit<br>Milk |

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| 30  | 31   |
| (2) Cereals or Funnel Cake<br>or Yogurt /Gr. Crackers<br>Juice Fruit<br>Milk<br><br>Chicken Nuggets<br>Creamed Potatoes<br>Broccoli w/Cheese<br>Choice of Fruit<br>Yeast Roll<br>Milk | (2) Cereals or Breakfast Pizza<br>or Yogurt /Gr. Crackers<br>Juice Fruit<br>Milk<br><br>Corn Dog<br>Tater Tots<br>Baked Beans<br>Choice of Fruit<br>Fruit Rollup<br>Milk |

**National School Lunch Week**  
October 9 - 13

**SCHOOL LUNCH**



Students are served nutritious lunches in the school cafeteria every day that include a meat, vegetables, fruits, grains, and milk. Please encourage your children to support the School Lunch Program by eating lunch at school daily.

The staff looks forward to serving you.

